



Ramadan Companion

For Kids



 **mimber**
ACADEMY

Bibi Sakin Kablazada

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ



Ramadan Companion

For Kids

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Canada

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This Ramadan Activity Booklet is lovingly prepared and freely shared for the khair of children, to nurture joy, creativity, reflection, and meaningful learning during the blessed month of Ramadan.

While every effort has been made to ensure accuracy and quality, this remains a human effort. We humbly seek Allah ﷻ's forgiveness for any errors or shortcomings and pray that He accepts this work with mercy and barakah.

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Acknowledgement

With sincere gratitude to all those who reviewed, guided, and supported this work with care and sincerity.

May Allah place barakah in this effort and make it a source of benefit for many children.

Aameen!

Note to the Readers

Children are entrusted to families as an **amanah**, a sacred responsibility that encompasses intellectual growth, emotional security, moral grounding, and spiritual awareness. Nurturing a child, therefore, extends beyond instruction alone; it is a holistic process that requires intentional presence, consistent guidance, and values-led modelling. Preparing children to engage with the world with purpose involves helping them understand not only how to live, but why they live.

Family life often operates within compressed schedules and cognitive overload, leaving limited space for reflective parenting. Ramadan offers a distinctive developmental window, a blessed period in which attention naturally shifts toward **intention** (niyyah), discipline, and conscious action. As routines slow and worship becomes more central, families are better positioned to align daily practices with deeper meaning, making Ramadan an ideal time to integrate purposeful nurturing alongside spiritual observance.

From an educational and developmental perspective, responsibility carried out with awareness cultivates self-regulation, empathy, and moral reasoning in children. From a spiritual perspective, such responsibility, when rooted in sincerity, is itself an act of worship. Ramadan reinforces this integration by reminding families that everyday actions—when guided by intention carry spiritual significance. This book invites families to consciously bridge these dimensions by dedicating part of their Ramadan to reflective engagement with their children, guiding them with clarity, consistency, and compassion.

Research in behavioral science indicates that repeated, intentional practice over approximately **twenty-one days** can support habit formation. When structured thoughtfully, the days of Ramadan provide a natural rhythm for strengthening positive routines, emotional literacy, and values-based behavior in children, allowing learning, reflection, and faith to grow together.

How to Use This Book

Ramadan Companion for Kids is designed as a guided family resource to be used progressively throughout the month. The content is intended to support reflective learning and routine-building rather than assessment or performance.

The book consists of two integrated components:

Daily practices, presented in a checklist format, are intended to encourage consistency and awareness in everyday actions.

Daily learning activities, offering age-appropriate themes, reflections, or prompts to support curiosity, engagement, and understanding.

Families are encouraged to allocate a consistent, brief period each day for shared engagement with the book. During this time, parents or guardians may:

- Invite children to reflect on their day and experiences
- Discuss observations or learning from the day's activity
- Encourage children to articulate intentions or goals for the following day

This approach supports reflective thinking, communication skills, and intentional planning, which are foundational to both academic learning and personal development.

The book is intentionally flexible and may be adapted to suit the needs, schedules, and developmental stages of individual families. It is not designed to be completed in a rigid or prescriptive manner. Emphasis is placed on meaningful engagement and continuity rather than completion.

With regular use, this shared practice may sustain family routines that support intellectual growth, emotional resilience, and spiritual awareness beyond the month of Ramadan.

Bismillah... Welcome, Ramadan!



شَهْرُ رَمَضَانَ الَّذِي أُنزِلَ فِيهِ الْقُرْآنُ هُدًى لِّلنَّاسِ

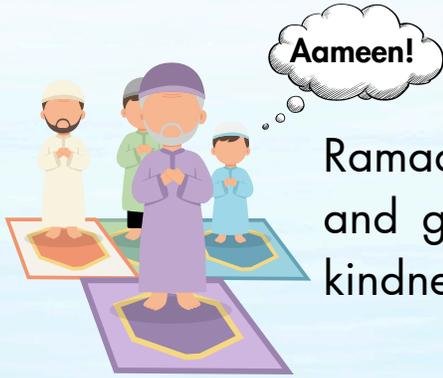
Ramadan is the month when the Qur'an was sent down to guide people.

Surah Al-Baqarah (2:185)

اللَّهُمَّ سَلِّمْ لِي رَمَضَانَ وَسَلِّمْ رَمَضَانَ لِي وَتَسَلِّمْهُ مِنِّي مُتَقَبَّلًا

○ Allah! Preserve me for Ramadan, safeguard Ramadan for me and accept it from me.

Kitabud Du'a of Imam Tabarani, Hadith



Ramadan is a special time to learn, pray, help others, and grow closer to Allah. May this book bring joy, kindness, and good deeds to your heart.

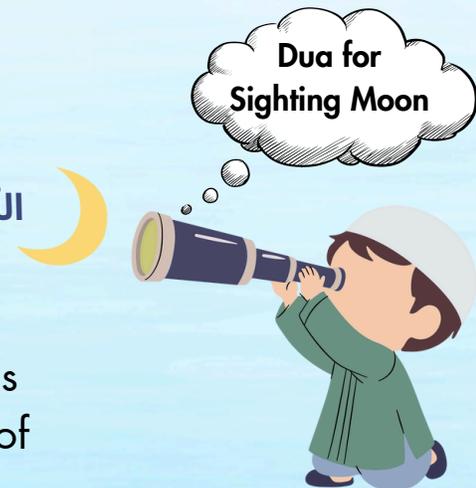
Learn the Dua for Moon Sighting

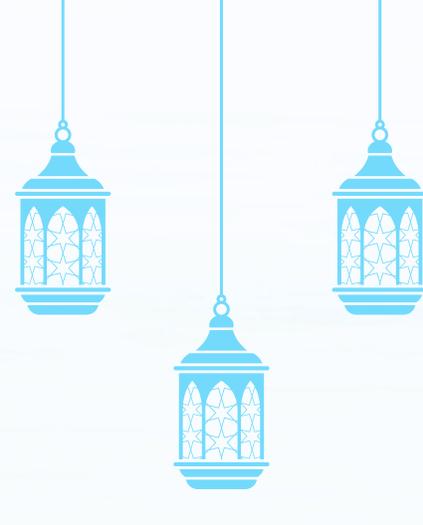
Write and memorize the dua.

اللَّهُ أَكْبَرُ اللَّهُمَّ أَهْلُهُ عَلَيْنَا بِالْأَمْنِ وَالْإِيمَانِ وَالسَّلَامَةِ وَالْإِسْلَامِ وَالتَّوْفِيقِ
لِمَا نَحِبُّ وَتَرَضَى، رَبَّنَا وَرَبُّكَ اللَّهُ

Moon Sighting Practice

Go outdoors and attempt to sight the crescent moon. If it's not visible, simulate the experience using apps or videos of moon sightings.





Islamic Months

Muharram al-Haram

Safar al-Muzaffar

Rabi' al-Awwal

Rabi' al-Thani (Rabi' al-Akhir)

Jumada al-Ula

Jumada al-Thaniyah (Jumada al-Akhirah)

Rajab al-Murajjab

Sha'ban al-Mu'azzam

RAMADAN AL-MUBARAK

Shawwal al-Mukarram

Dhu al-Qa'dah

Dhu al-Hijjah



30 Days

Ramadan Connect



DAY 1 Intention Reset	DAY 2 Read the Quran Daily	DAY 3 Practice Gratitude	DAY 4 Kindness to oneself and others	DAY 5 Reflect and share your Blessings
DAY 6 Helping Hands	DAY 7 Fast with Patience	DAY 8 Importance of Tarawih	DAY 9 Spread Happiness	DAY 10 Importance of Ramadan
DAY 11 Call your Friends	DAY 12 Serving Others	DAY 13 Importance of Zakat	DAY 14 Increase Your Dhikr	DAY 15 Adab in the Masjid
DAY 16 Do Not Backbite	DAY 17 Yawm ul Furqan	DAY 18 Clean Your Heart	DAY 19 Ramadan Brings New Friends	DAY 20 Laylatul - Qadr Day
DAY 21 Reminders to earn rewards	DAY 22 Pray Tahajud Every Night	DAY 23 Quiet Dua	DAY 24 Stop what displeases Allah	DAY 25 Al-Muqarrabūn
DAY 26 Asking forgiveness and forgiving others	DAY 27 Reconnect with Families	DAY 28 Importance of Cleanliness	DAY 29 Eid Moonsighting	DAY 30 Importance of Blessings

Tips for the 30-Day Ramadan Connect:

- **Track your progress:** Keep a journal of your daily actions and reflections to see how you've grown spiritually over the month
- **Make it a habit:** Incorporate these actions into your daily life, even after Ramadan ends
- **Involve others:** Share the learnings with family and friends to spread the blessings and support each other

Day 1

My daily checklist



Suhoor



Iftar



Qur'an



Du'a



Sadaqah



Tarawih



Salah

★ Fajr

★ Dhuhr

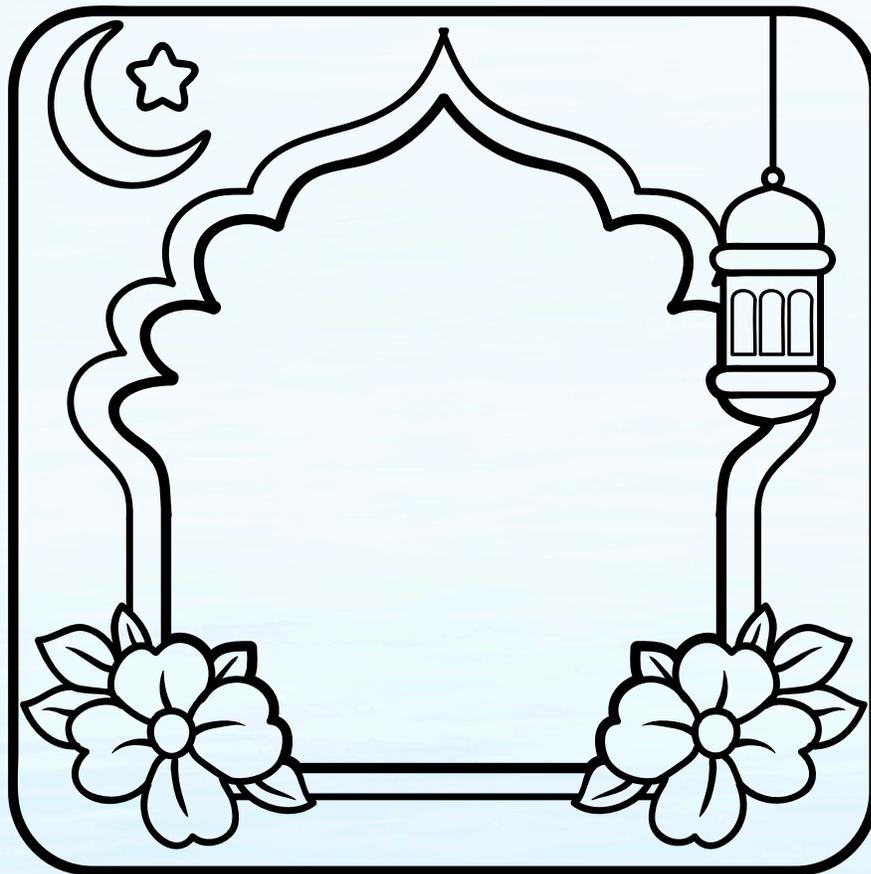
★ Asr

★ Maghrib

★ Isha

Intention Reset

Inside the image, draw or write ONE good intention for Ramadan. Around the lantern, draw ONE connection you will make this Ramadan.



Ramadan Connect

Did you know?

The very first night of Ramadan begins with an intention in the heart. Even if we don't say it out loud, Allah knows what we plan and why we do it.

Good intentions can turn small actions, like helping parents or inviting relatives, into acts of worship.



Reflection (Tafakkur) - Think and write:

- How does a good intention make our actions special?
- Can Allah see what is inside our hearts?

My daily checklist



Suhoor



Iftar



Qur'an



Du'a



Sadaqah



Tarawih



Salah

★ Fajr

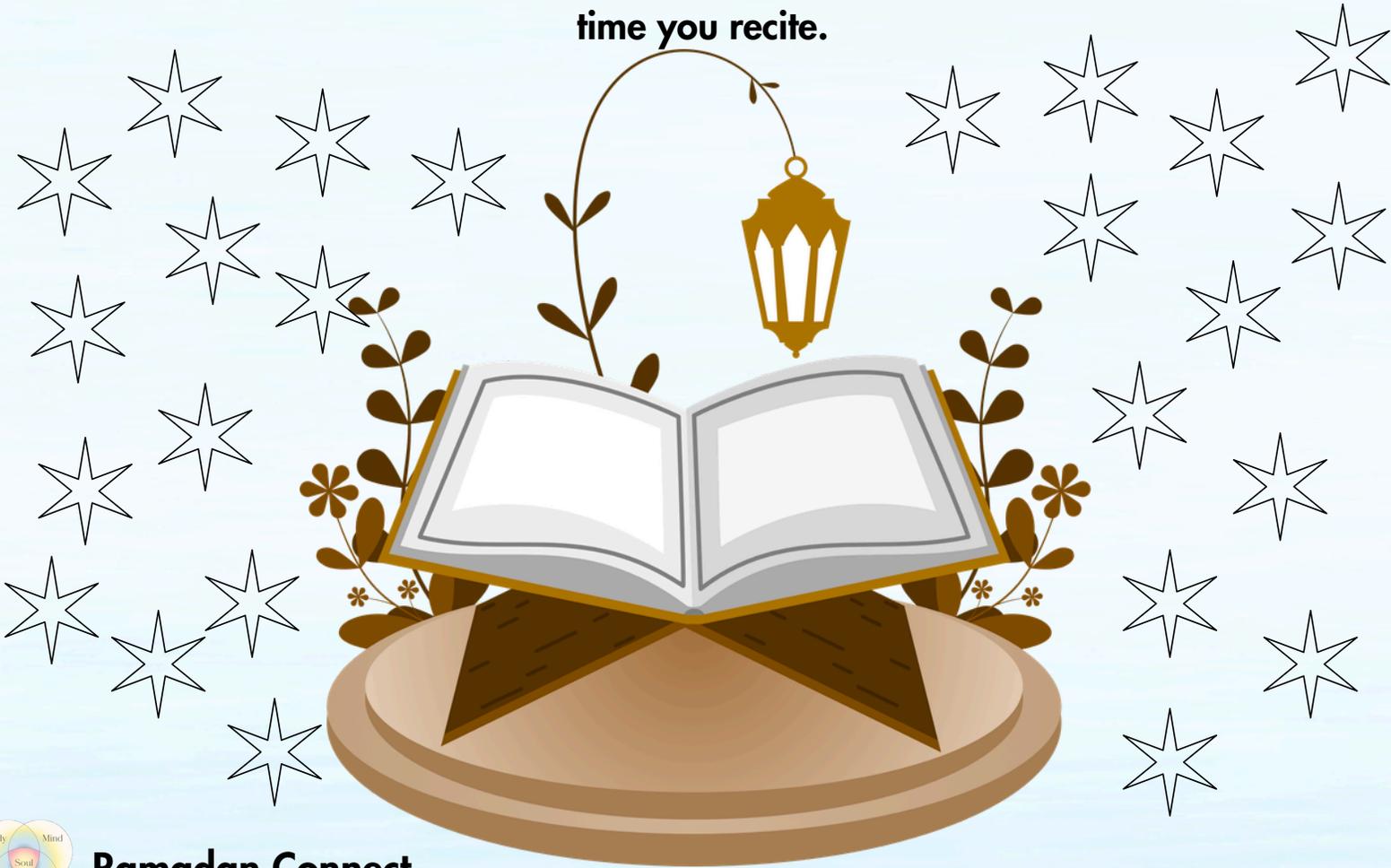
★ Dhuhr

★ Asr

★ Maghrib

★ Isha

Inside the Qur'an, draw or write: how often you plan to recite the Qur'an in Ramadan. (e.g., every day, after salah, with parents). Color the stars each time you recite.



Ramadan Connect

The Qur'an was first revealed in the month of Ramadan. Reading even a few verses every day brings us closer to Allah. "The month of Ramadan [is that] in which was revealed the Quran, a guidance for the people..."

(Surah Al-Baqarah, 2:185)



Reflection (Tafakkur) - Pause, think softly, and choose what speaks to your heart.

When I read the Qur'an in Ramadan, what does it help me do?

- Understand Allah's message better
- Feel peace and comfort inside
- Strengthen my connection with Allah

Day 3

My daily checklist



Suhoor



Iftar



Qur'an



Du'a



Sadaqah



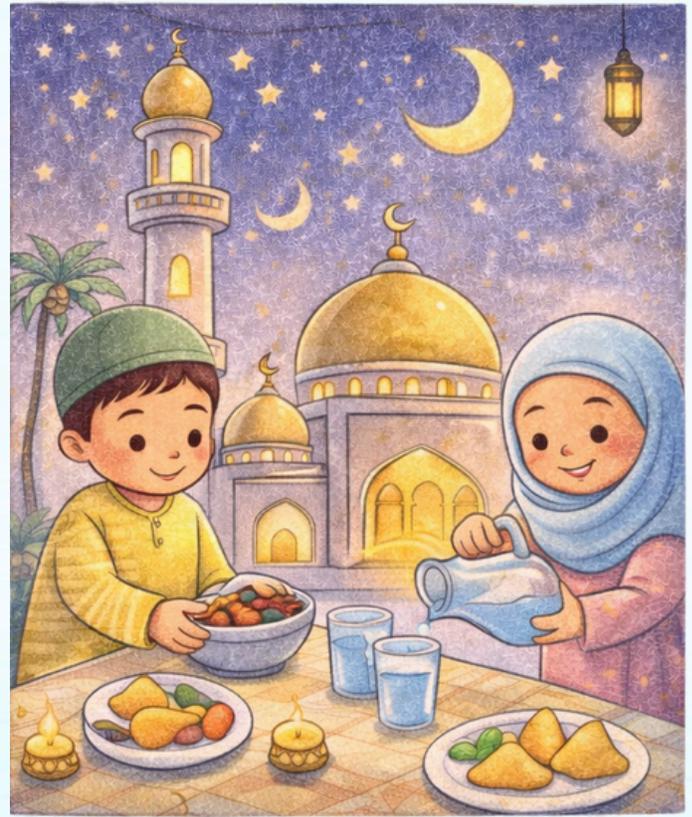
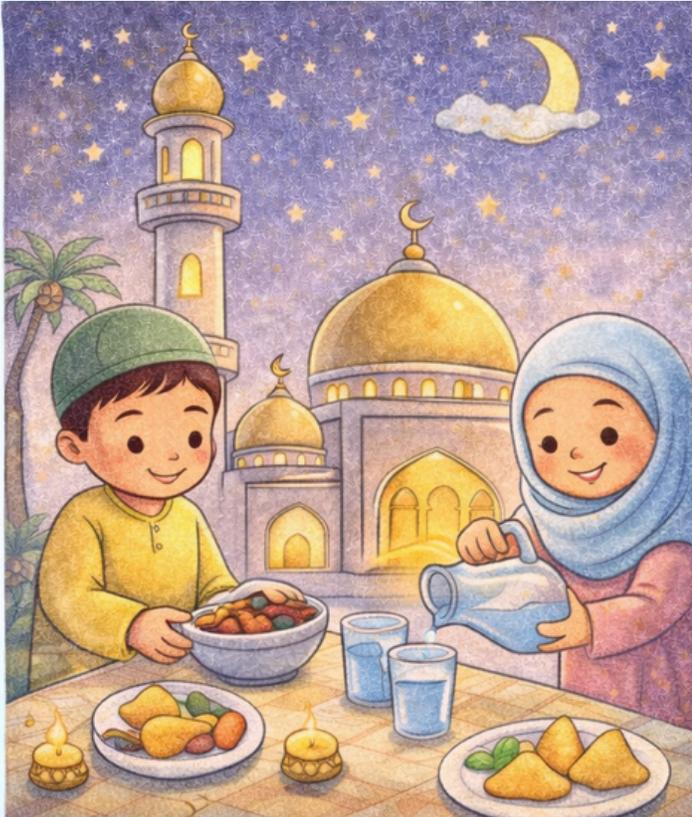
Tarawih



Salah

- ★ Fajr
- ★ Dhuhr
- ★ Asr
- ★ Maghrib
- ★ Isha

Spot 5 Differences



Allah is Ar-Razzaq, the Provider. Observe the food He has given us, and practice gratitude by saying Alhamdulillah every time.



Ramadan Connect

"Whoever does not thank people has not thanked Allah."

— Prophet Muhammad ﷺ (Tirmidhi)



Reflection (Tafakkur) - Are my words and actions showing gratitude to Allah?

How can I show this? By:

- Saying Alhamdulillah
- Thanking someone who helped me
- Caring for what Allah has given me
- Sharing with others
- Being thankful and using my blessings carefully

My daily checklist



Suhoor



Iftar



Qur'an



Du'a



Sadaqah



Tarawih



Salah

★ Fajr

★ Dhuhr

★ Asr

★ Maghrib

★ Isha

Find the words in the grid.

Friends
Suhoor
Fasting
Meal
Sunset
Family
Prayer
Sunrise
Sharing
Charity
Kindness
Ramadan
Generous
Celebration

A	C	H	A	R	I	T	Y	G	I	J	F
M	E	A	L	B	D	C	E	F	H	K	R
R	L	P	R	A	Y	E	R	A	L	M	I
S	E	L	P	N	S	U	N	S	E	T	E
Q	B	O	M	R	Q	S	K	T	P	O	N
T	R	A	M	A	D	A	N	I	S	G	D
F	A	M	I	L	Y	I	J	N	U	H	S
U	T	S	H	A	R	I	N	G	H	D	F
K	I	N	D	N	E	S	S	E	O	B	C
V	O	Y	Z	G	E	N	E	R	O	U	S
W	N	S	U	N	R	I	S	E	R	X	A



Ramadan Connect

"Allah is kind, and He loves kindness." — Prophet Muhammad ﷺ (Sahih Muslim)



Reflection (Tafakkur) - Tafakkur begins by recognising that all kindness is a reflection of Ar-Rahman (The Most Merciful)

- **The Gift of Ramadan:** Allah is Al-Latif (The Most Kind). He blessed us with this month not as a trial, but to strengthen our faith and self-discipline.
- Reflecting on this teaches us that because Allah is so kind to us, we must be generous and kind to ourselves and others.

Day 5

My daily checklist



Suhoor



Iftar



Qur'an



Du'a



Sadaqah



Tarawih



Salah

- ★ Fajr
- ★ Dhuhr
- ★ Asr
- ★ Maghrib
- ★ Isha

Ramadan Banana Date Bites

Ingredients:

- 1 cup oats
- 1 banana
- 3–4 dates
- A little honey (optional)

Steps:

1. Mash the banana in a bowl, then add the oats.
2. Chop the dates (with adult help) and add them.
3. Mix well.



Make small balls and enjoy at iftar and share it with everyone.



Ramadan Connect

*"And if you count the blessings of Allah, you will never be able to count them."
(Surah Ibrahim 14:34)*



Reflection (Tafakkur) - Ramadan reminds us to slow down, notice what we already have, and thank Allah with our hearts, words, and actions.

- What can I share with someone else to spread happiness this Ramadan?
- Did I say, "Alḥamdulillāh for the people Allah put in my life."

My daily checklist



Suhoor



Iftar



Qur'an



Du'a



Sadaqah



Tarawih



Salah

★ Fajr

★ Dhuhr

★ Asr

★ Maghrib

★ Isha

Amina's Helping Hand

Amina saw her mother feeling tired before iftar. She quietly helped set the table and brought water. Her mother smiled and made du'a for her. Amina felt happy inside. She realized that even small acts of kindness can bring big rewards from Allah, especially during Ramadan.

Reminder: I will help my parents with chores at home.

Ramadan Connect

"Allah helps the servant as long as the servant helps his brother." - Sahih Muslim

Reflection (Tafakkur) - Look around your surroundings and ponder.....

- Who needs my help today?
- Can I help without being asked?
- How will Allah be happy with my help?

Day 7

My daily checklist



Suhoor



Iftar



Qur'an



Du'a



Sadaqah



Tarawih



Salah

★ Fajr

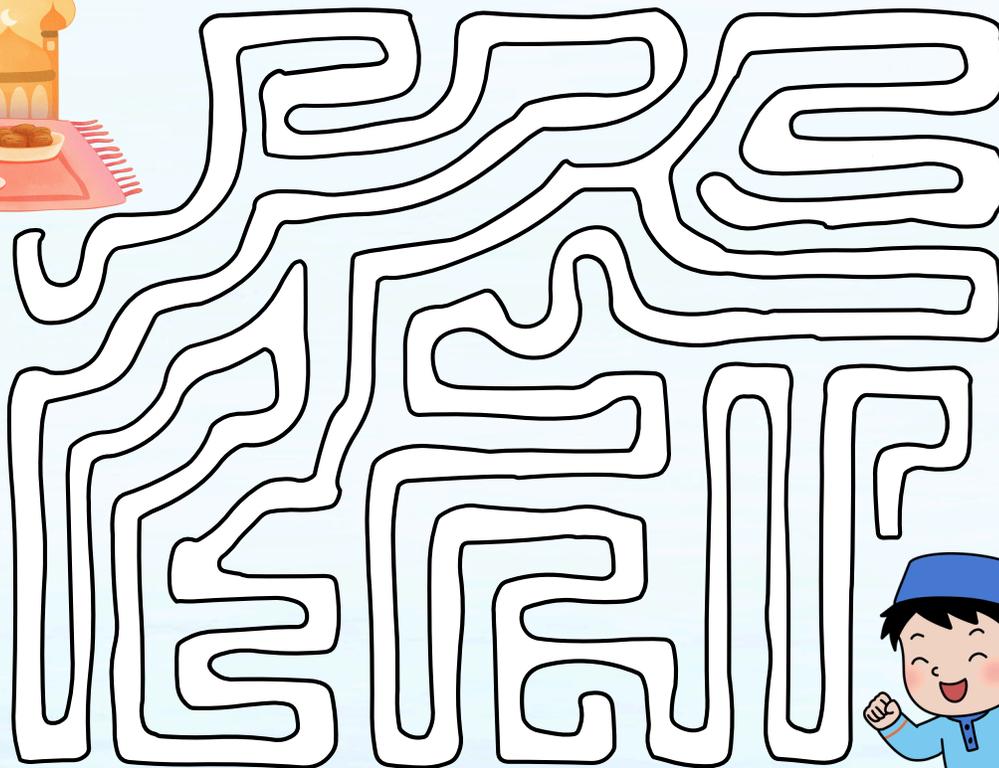
★ Dhuhr

★ Asr

★ Maghrib

★ Isha

Help Mustafa get home in time for iftar.



Ramadan Connect

O believers! Seek comfort in patience and prayer. Allah is truly with those who are patient. - Surah Al Baqarah



Reflection (Tafakkur) - Think quietly.....

- When I feel hungry or tired, do I stay calm?
- Can I control my words and actions while fasting?
- How does patience make Allah happy?

Patience Practice

- Wait patiently until iftar.
- Speak gently, even when upset and say "I am fasting", and stay calm.



My daily checklist



Suhoor



Iftar



Qur'an



Du'a



Sadaqah



Tarawih



Salah

★ Fajr

★ Dhuhr

★ Asr

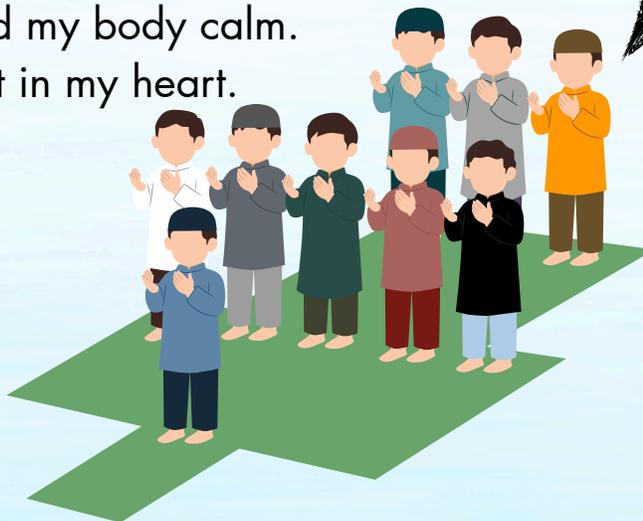
★ Maghrib

★ Isha

Tick the box for what you did during Tarawih today:

- I prayed with focus and care during Taraweeh.
- I listened attentively while the Qur'an was being recited.
- I remained quiet and respectful throughout the prayer.
- I showed kindness by helping someone at the masjid.
- I followed the imam attentively during the prayer.
- I stood properly in my place and stayed in my row.
- I tried my best and gave sincere effort.
- I made du'a' after the prayer.
- I was mindful of others around me.
- I kept my hands still and my body calm.
- I felt peace and comfort in my heart.

"I will pray Tarawih every night during Ramadan."



Ramadan Connect

The Prophet Muhammad ﷺ said: "Whoever establishes prayers during the nights of Ramadan faithfully out of sincere faith and hoping to attain Allah's rewards (not for showing off), all his past sins will be forgiven." (Sahih al-Bukhari – Hadith)



Reflection (Tafakkur) - Think quietly...

- How do I feel when I pray Tarawih?
- Did I listen to the Qur'an carefully?
- Am I focused in prayer?



Day 9

My daily checklist



Suhoor



Iftar



Qur'an



Du'a



Sadaqah



Tarawih



Salah

- ★ Fajr
- ★ Dhuhr
- ★ Asr
- ★ Maghrib
- ★ Isha

Happiness Chain

Materials

- Paper strips
- Crayons/markers
- Tape or glue

Steps

- Take each strip of paper and write or draw one kind thing you can do. It could be smiling, helping, sharing, or saying nice words!
- Try to do one kind thing each day that makes someone else smile.
- Connect the paper strips to create a Happiness Chain.
- Every day during Ramadan, add a new link to your chain!

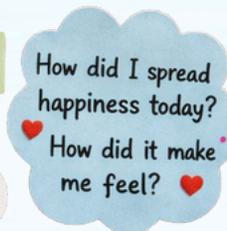
Today I will spread happiness by _____.



1. Write a Kind Act!

2. Do the Kind Act!

3. Add a Link to our Chain!



Ramadan Connect

The Prophet ﷺ said: "Your smile for your brother is charity."

Al-Tirmidhi



Reflection (Tafakkur) - Think quietly with good niyyah...

- How did my action make someone feel?
- How did it make me feel?
- Did I help someone who feels left out?

My daily checklist



Suhoor



Iftar



Qur'an



Du'a



Sadaqah



Tarawih



Salah

★ Fajr

★ Dhuhr

★ Asr

★ Maghrib

★ Isha

Read the text and answer the questions.

Ramadan is a special month for Muslims around the world. It is a time for self-discipline and reflection. During Ramadan, many Muslims fast. This means they do not eat or drink from sunrise to sunset. Before the sun rises, they eat a small meal called suhoor. After the sun sets, they eat a big meal called iftar with their family and friends. People also help others during Ramadan. They give food and money to those in need. Many families cook food and share it with neighbours. It is a time to be kind and generous. At the end of Ramadan, there is a big celebration called Eid al-Fitr. People wear new clothes, visit family and friends, and eat delicious food!

1. What do many Muslims do during Ramadan?

2. What is the meal before sunrise called?

3. What is the meal after sunset called?

4. How do people help others during Ramadan?

5. What is the celebration at the end of Ramadan called?



Ramadan Connect

"O you who believe, fasting has been prescribed for you as it was prescribed for those before you, so that you may learn self-control." (Surah Al-Baqarah 2:183)



Reflection (Tafakkur) - Answer from your heart:

- What did I learn from this reading about Ramadan?
- Is there anything more I want to know or ask about Ramadan?
- I feel blessed that Allah allowed me to experience this Ramadan?

Day 11

My daily checklist



Suhoor



Iftar



Qur'an



Du'a



Sadaqah



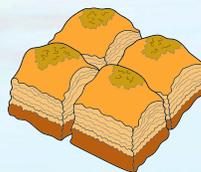
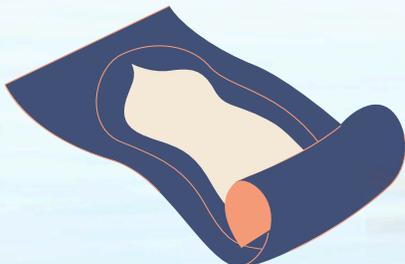
Tarawih



Salah

- ★ Fajr
- ★ Dhuhr
- ★ Asr
- ★ Maghrib
- ★ Isha

Your friend is coming for iftaar! Connect the food items you will keep on the iftaar table.



Ramadan Connect

"Whoever gives food for a fasting person to break his fast will have a reward like his, without that detracting from the reward of the fasting person in the slightest." Sunan al-Tirmidhi



Reflection (Tafakkur) - Kind words and friendly calls bring hearts closer and please Allah.

What to Do: Call your friend politely; Ask how they are; Say kind words; Wish them well for Ramadan

Write the name of the friend you called: _____

My daily checklist



Suhoor



Iftar



Qur'an



Du'a



Sadaqah



Tarawih



Salah

★ Fajr

★ Dhuhr

★ Asr

★ Maghrib

★ Isha

The Little Dates Basket

It was Ramadan, and Yusuf was excited to fast for the first time. Every evening, his mother placed a small basket of dates on the table for iftar.

One day, Yusuf noticed their neighbor, Uncle Kareem, sitting alone. He did not have family nearby.

Yusuf picked up the basket of dates and said, "Mama, can we share our dates with Uncle Kareem?"

His mother smiled and nodded.

Before iftar, Yusuf knocked on Uncle Kareem's door and gave him the dates. Uncle Kareem's eyes filled with tears.

"JazakAllah khair, Yusuf," he said. "You made my Ramadan brighter."

That evening, when Yusuf broke his fast, his heart felt light and happy. He realized that sharing and helping others was even sweeter than the dates.

From that day on, Yusuf looked for small ways to serve others, sharing food, helping neighbors, and smiling often.

"I will keep looking for small ways to help others every day."



Day 13

My daily checklist



Suhoor



Iftar



Qur'an



Du'a



Sadaqah



Tarawih



Salah

★ Fajr

★ Dhuhr

★ Asr

★ Maghrib

★ Isha

Zakah, one of Islam's Five Pillars, mandates Muslims to give 2.5% of their savings to the needy, which purifies wealth and supports the community.

Let's connect the items of zakah with the basket!



"O Allah, accept our charity and make everyone happy on Eid."

Ramadan Connect

"Give zakah and help those in need." Surah: Al Baqarah



Reflection (Tafakkur)

- How would you feel if someone gave you food when you were hungry?
- Why should we give clean and useful items in zakat?
- Which item did you add to the basket? Why?



My daily checklist



Suhoor



Iftar



Qur'an



Du'a



Sadaqah



Tarawih



Salah

★ Fajr

★ Dhuhr

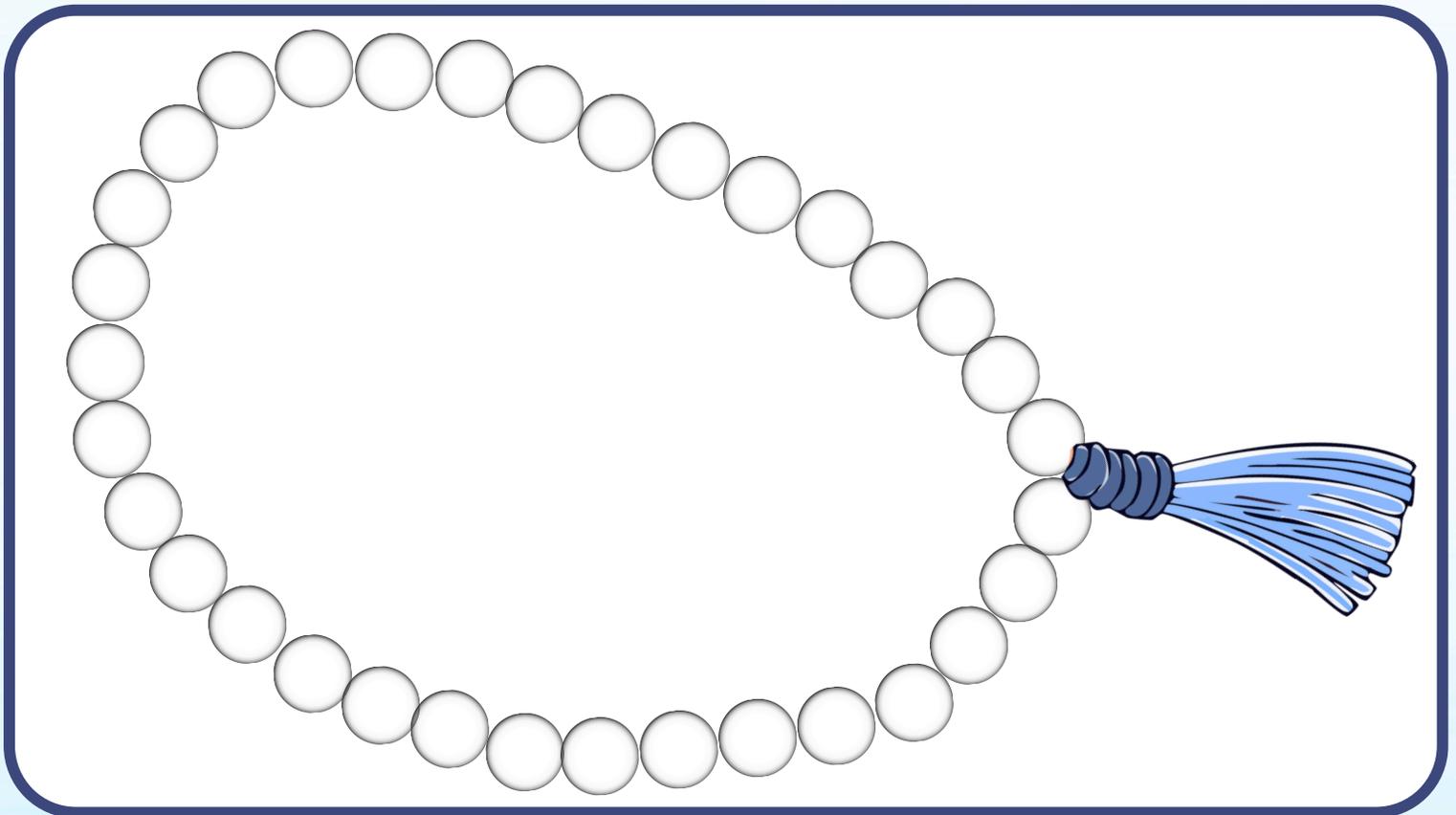
★ Asr

★ Maghrib

★ Isha

Increase Your Dhikr

Look at the outline of the beads (tasbeeh). Colour one bead each time you say **Astaghfirullah**.



Ramadan Connect

Allah says, "Remember Me, and I will remember you..." (2:152).



Reflection (Tafakkur) - Answer from your heart:

- What words did you say while colouring the beads?
- How did your heart feel when you said Alhamdulillah?
- When can you remember Allah during the day?

Day 15

My daily checklist



Suhoor



Iftar



Qur'an



Du'a



Sadaqah



Tarawih



Salah

★ Fajr

★ Dhuhr

★ Asr

★ Maghrib

★ Isha

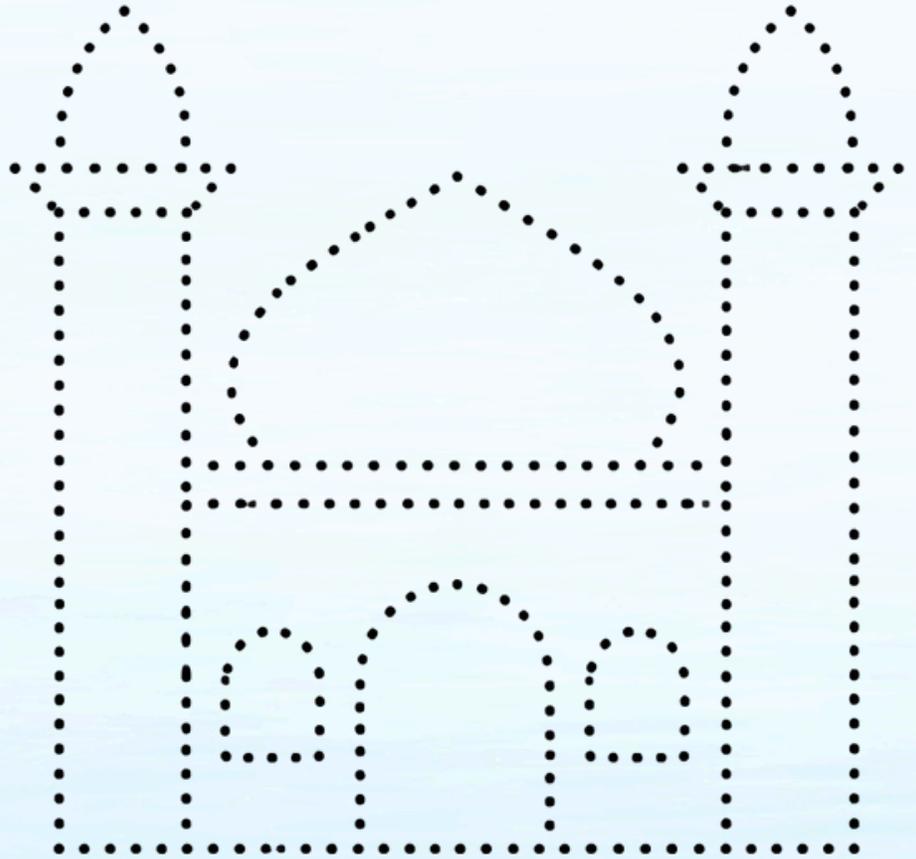
Adab in the Masjid

Join the dots

(Tick what you did today!)

CHECKLIST...

- I entered the masjid calmly
- I organized my shoes neatly
- I spoke softly without disturbing others.
- I kept the masjid clean
- I participated in all activities
- I paid attention to the Imam's words
- I made dua in the masjid



Ramadan Connect

"The most beloved places to Allah are the masjid." Sahih Muslim.



Reflection (Tafakkur) - Today, I go to many places—school, parks, shops, and online spaces. But the masjid is special because it is a place Allah loves.

When I enter the masjid,

- Do I keep my phone away and my heart present?
- Do I invite my family and friends?
- Do I remember that Allah is watching me with love?

My daily checklist



Suhoor



Iftar



Qur'an



Du'a



Sadaqah



Tarawih



Salah

★ Fajr

★ Dhuhr

★ Asr

★ Maghrib

★ Isha

The Words We Choose

"The Rotten Apple"

Ayaan and Sara were talking about their friend Ali.

"He made a mistake today," said Ayaan.

"Yes, and he was very slow," added Sara.

Their mother came with an apple 🍏.

"If this apple was rotten inside, would you eat it?" she asked.

"No! That's yucky!" they said together.

"Just like rotten food is bad," said their mother,

"Allah does not like rotten words. He says in the Qur'an: 'Do not backbite one another...' (49:12).

The Prophet ﷺ also said: 'Speak good or remain silent.' Backbiting hurts hearts."

Ayaan looked down.

"I don't want my words to be rotten."

"I don't either," said Sara.

"We will use kind words."

Their mother smiled,

"That is what Allah loves."

"I speak good, or I stay quiet."

Day 17

My daily checklist



Suhoor



Iftar



Qur'an



Du'a



Sadaqah



Tarawih



Salah

★ Fajr

★ Dhuhr

★ Asr

★ Maghrib

★ Isha

Yaum ul Furqan -

The Day of Differentiation (Battle of Badr)

Lessons of Badr

Discuss with your family the lessons from the Battle of Badr focusing on:

- Faith in Allah during difficulties.
- Patience and perseverance, even against overwhelming odds.
- How Allah supports those who strive for justice and righteousness.



Dua for Strength and Victory

Encourage children to recite this dua for seeking Allah's help in times of hardship:

"Ya Allah, grant us victory, just as You granted victory to the believers at Badr. Help us stay firm in our faith."



Story Time: The Battle of Badr & Its Impact

Read or listen to the story of the Battle of Badr, focusing on:

- The unity and faith of the companions.
- How the victory strengthened the Muslim community.
- How it reinforced Allah's support for the righteous.



Ramadan Connect

The Prophet Muhammad ﷺ said: "Seeking knowledge is a duty upon every Muslim." Sunan Ibn Majah



Reflection (Tafakkur)

- "How does making dua help us in difficult situations?"
- "What challenges do you face in your life? How can the lessons from Badr help you?"
- "How do we see Allah's support in our lives today?"

My daily checklist



Suhoor



Iftar



Qur'an



Du'a



Sadaqah



Tarawih



Salah

★ Fajr

★ Dhuhr

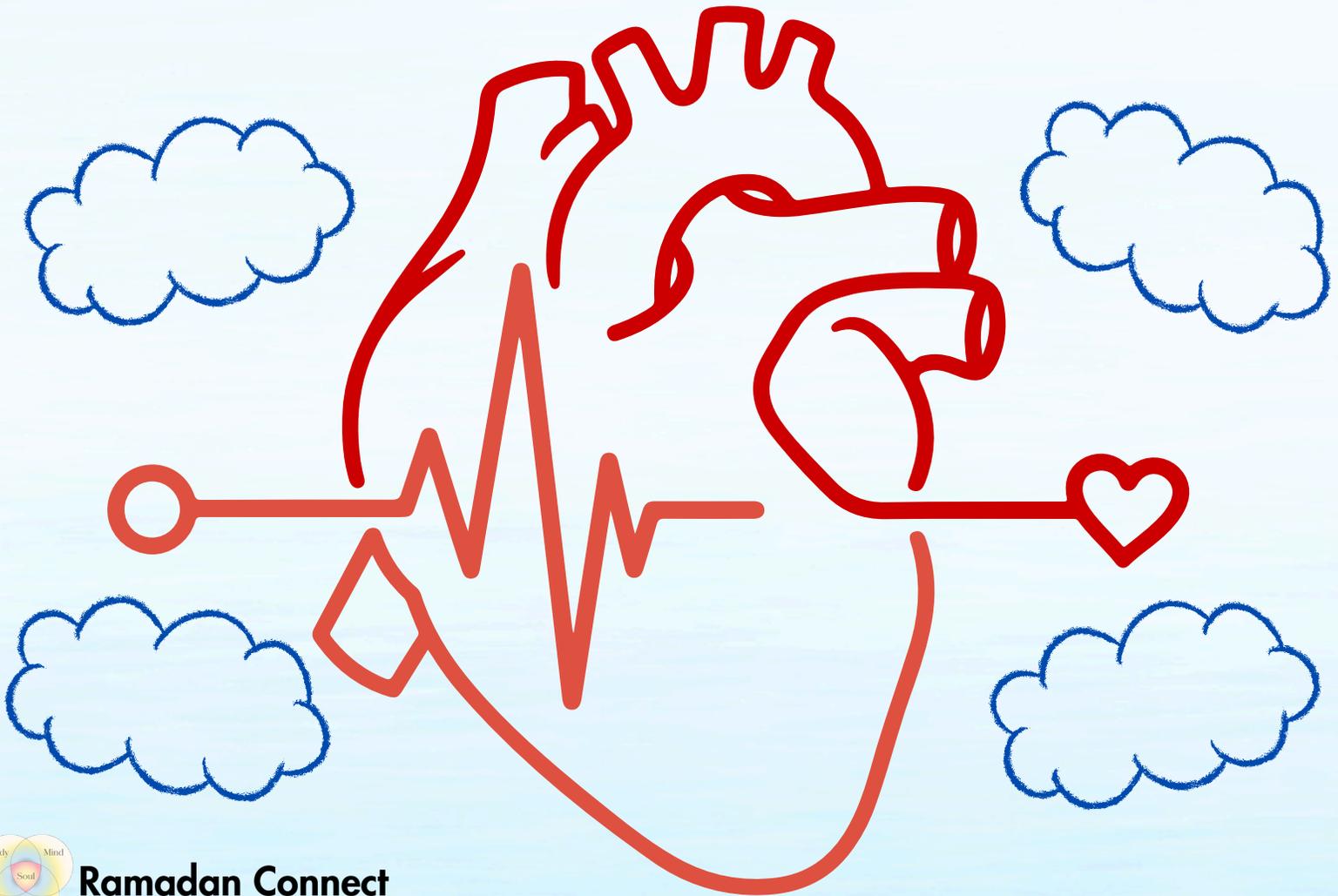
★ Asr

★ Maghrib

★ Isha

Inside the heart, write good feelings. Write bad feelings outside the heart.
Colour the heart bright and clean.

Kindness, Love, Forgiveness, Thankfulness, Anger, Jealousy, Mean words



Ramadan Connect

The Prophet Muhammad ﷺ said: "Allah does not look at your faces and your wealth but He looks at your heart and to your deeds." Sahih Muslim – Hadith



Reflection (Tafakkur) - Answer from your heart:

- Is my heart holding anger or kindness?
- Did I forgive someone?
- What good feeling can I put in my heart today?

Day 19

My daily checklist



Suhoor



Iftar



Qur'an



Du'a



Sadaqah



Tarawih



Salah

★ Fajr

★ Dhuhr

★ Asr

★ Maghrib

★ Isha

Ramadan Brings New Friends

Activity: My New Ramadan Friend

What to Do:

- Think about someone new you met during Ramadan (at the masjid, school, iftaar, class, or neighbourhood).
- Write their name in the space below.
- Say a du'a for your new friend.



Write Here:

My new friend's name is: _____

Du'a (Very Simple):

"O Allah, bless my friend and keep us kind to each other."

Aameen!



CHECKLIST...

- Learn one new ayah
- Learn one Sunnah of the Prophet ﷺ
- Ask one question about Islam



Ramadan Connect

The Prophet ﷺ said, "A person follows the religion (way) of his close friend, so let one of you look at whom he befriends." Sunan at-Tirmidhi



Reflection (Tafakkur) - Think quietly...

- What new thing did I learn today?
- How can this knowledge help me be kinder?
- Did learning make my heart happy?

My daily checklist



Suhoor



Iftar



Qur'an



Du'a



Sadaqah



Tarawih



Salah

- ★ Fajr
- ★ Dhuhr
- ★ Asr
- ★ Maghrib
- ★ Isha

The Laylatul Qadr

The last ten days of Ramadan are very special.

During these days, Muslims try their best to:

الله

Remember Allah



Pray more



Be kind and helpful

Read the Qur'an



Ramadan Connect

- One of these nights is Laylatul Qadr, a night that is better than 1,000 months.
- We do not know which night it is, so we try to do good every night



Reflection (Tafakkur) - think quietly.

- The Prophet Muhammad ﷺ advised us to make lots of du'a during these days.
- Families pray together and ask Allah for **FORGIVENESS**
- Children try to do good deeds.
- Everyone hopes for Allah's mercy and love.

أَسْتَغْفِرُ اللَّهَ

Astaghfirullah

Please forgive me, Allah



Day 21

My daily checklist



Suhoor



Iftar



Qur'an



Du'a



Sadaqah



Tarawih



Salah

- ★ Fajr
- ★ Dhuhr
- ★ Asr
- ★ Maghrib
- ★ Isha

Reminder to Earn Rewards

- Reminder 1: Pray Extra "Did I pray a little more tonight?"
- Reminder 2: Read Qur'an "Did I read or listen to Qur'an today?"
- Reminder 3: Make Du'a "Did I ask Allah for forgiveness and help?"
- Reminder 4: Do One Good Deed "Did I help someone or say kind words?"
- Reminder 5: Clean My Heart "Did I forgive someone or remove bad feelings?"

Mark a star for every night you try to worship during Laylatul Qadr.



Ramadan Connect

"The Night of Decree is better than a thousand months." (Qur'an 97:3)



Reflection (Tafakkur) -

- The last 10 nights of Ramadan are very special.
- I will set reminders so I do not forget to pray, make du'a, and do good deeds, especially for Laylatul Qadr.
- I am also going to share reminders to gain extra hasanat



My daily checklist



Suhoor



Iftar



Qur'an



Du'a



Sadaqah



Tarawih



Salah

★ Fajr

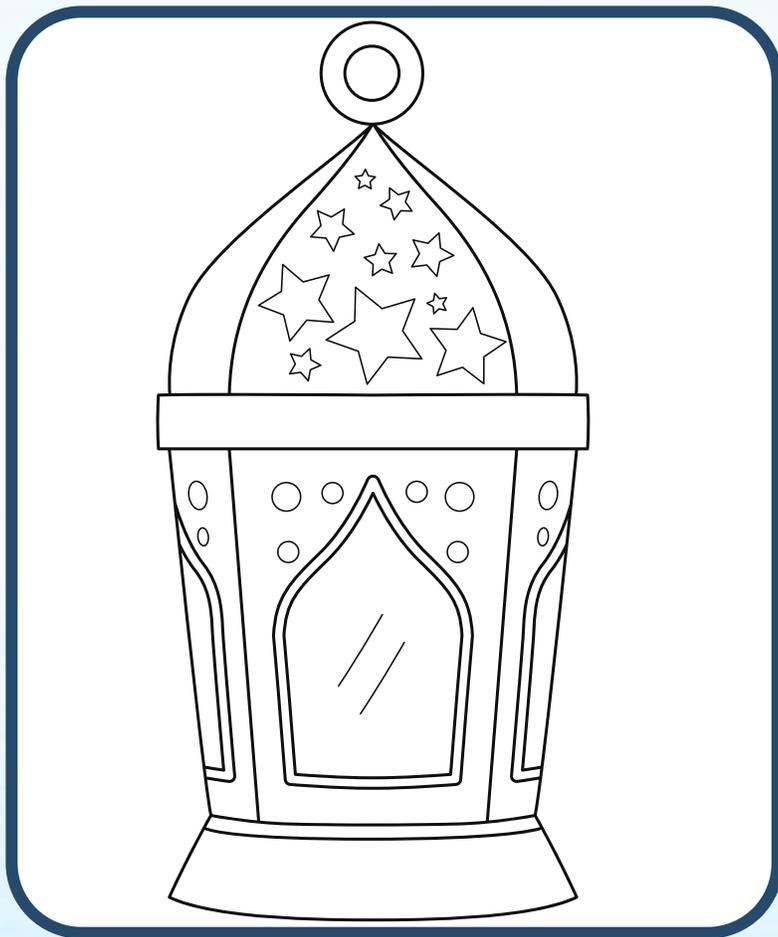
★ Dhuhr

★ Asr

★ Maghrib

★ Isha

Color the Ramadan lantern or fanous below.



Pray Tahajjud Every Night

Tahajjud is a special prayer we pray at night, when everyone is quiet and calm.

It is a time to talk to Allah privately.

Simple Night Activity:

- Sleep early
- Wake up (even for 2 rak'ah)
- Make du'a for myself and others



Ramadan Connect

The Prophet Muhammad ﷺ said: "The best prayer after the obligatory prayers is the night prayer." Sahih Muslim



Reflection (Tafakkur) - Answer from your heart:

- Did I try to wake up for Allah today?
- What do I want to ask Allah in the quiet night?
- How does my heart feel when I pray at night?

Day 23

My daily checklist



Suhoor



Iftar



Qur'an



Du'a



Sadaqah



Tarawih



Salah

- ★ Fajr
- ★ Dhuhr
- ★ Asr
- ★ Maghrib
- ★ Isha

What is a Du'a?

Du'a means talking to Allah. Allah loves when we ask Him for help, guidance, and blessings.

My Du'a Jar*

Read carefully

1. Think about something you want to ask Allah.
2. Write it down or draw it below.
3. Cut it out (with help if needed).
4. Fold it and place it in your Du'a Jar.
5. At iftar time, pick one du'a and read it aloud.

Pick one du'a to read at iftar each day.



Write Your Du'a

Du'a #1

- ♥ Ya Allah, please help my family.
- ♥ Guide me to do well in school.
- ♥ Help someone in need.

Du'a #2

Blank space with dashed lines for writing a second du'a.



Ramadan Connect

"Call upon your Lord humbly and quietly." (Surah Al-A'raf 7:55)



Reflection (Tafakkur) - Even when I whisper or speak in my heart, Allah hears me. Do I talk to Allah quietly from my heart?

My daily checklist



Suhoor



Iftar



Qur'an



Du'a



Sadaqah



Tarawih



Salah

★ Fajr

★ Dhuhr

★ Asr

★ Maghrib

★ Isha

Ramadan: Stop What Displeases Allah

Ayah:

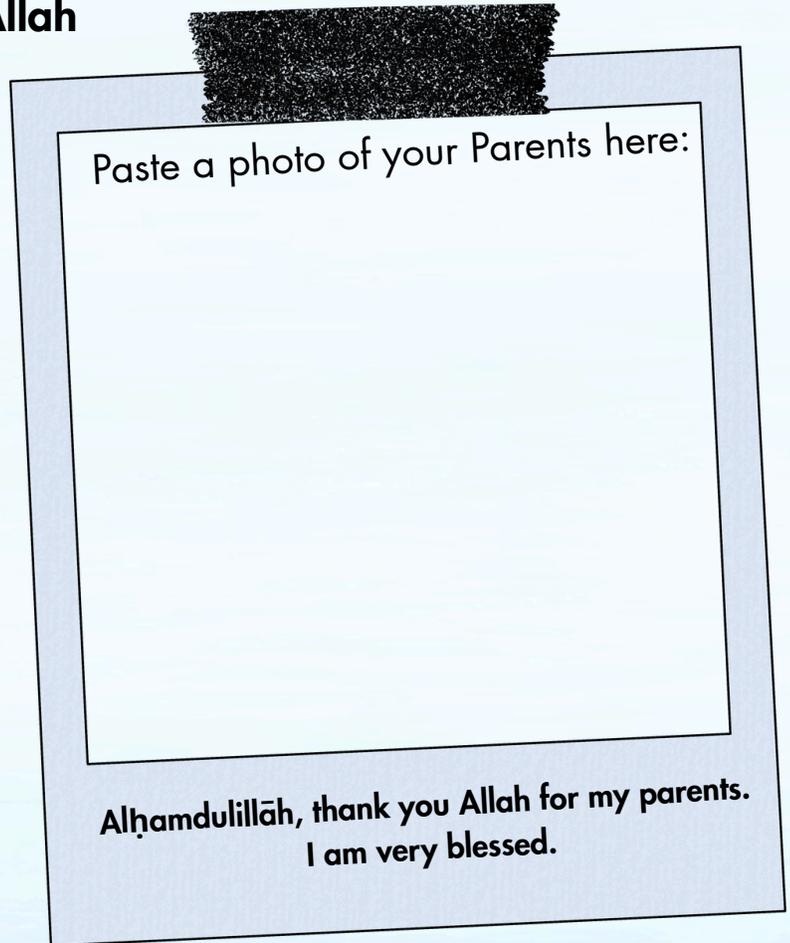
"And We have commanded people to be good to their parents."
(Qur'an 31:14)

Allah Is Pleased When:

I obey my parents, thank them, and treat them with kindness.

Allah Is Displeased When:

I disobey my parents, answer back, or hurt them with my words or actions.



Ramadan Connect

The Prophet Muhammad ﷺ said: "Allah's pleasure is in pleasing the parents, and Allah's displeasure is in displeasing the parents." Sunan al-Tirmidhi



Reflection (Tafakkur) - Read the checklist and start doing the things that Allah loves.

Tick one by one and make sure you leave the habits that displease Allah:

- Avoid using screens too much
- I will respect and stop when parents ask
- I will not ignore my parents while on a screen
- When my parents speak, I am not going to talk back or argue
- I am a good child and will not forget my duties because of screens
- My first duty is to make Allah happy and then my parents.

Day 25

My daily checklist



Suhoor



Iftar



Qur'an



Du'a



Sadaqah



Tarawih



Salah

- ★ Fajr
- ★ Dhuhr
- ★ Asr
- ★ Maghrib
- ★ Isha

Al-Muqarrabun

Muqarrabūn means people who are very close to Allah. They love Allah, obey Him, and do good with a sincere heart.

Draw and write things that help you stay close to Allah.



Ramadan Connect

"and the foremost 'in faith' will be the foremost 'in Paradise'. They are the ones nearest 'to Allah', (Surah Al-Waqi'ah)



Reflection (Tafakkur) -

Muqarrabūn are people who:

- Remember Allah often
- Obey Allah happily
- Try to please Allah in everything they do

To get close to Allah,
I need to know Him.
Learning the 99
Names of Allah is the
best way to begin.

My daily checklist



Suhoor



Iftar



Qur'an



Du'a



Sadaqah



Tarawih



Salah

★ Fajr

★ Dhuhr

★ Asr

★ Maghrib

★ Isha

I'm really sorry.
Please forgive me.

I forgive you.

Story: The Clean Heart

Ayaan and Yusuf were playing together when Ayaan accidentally broke Yusuf's toy. Yusuf felt upset and turned away.

Ayaan felt sorry. He went to Yusuf and said, "I'm sorry. Please forgive me."

Yusuf remembered that Allah loves forgiveness.

He took a deep breath and said, "I forgive you."

Both boys felt lighter and happier.

That night, Ayaan said **Astaghfirullah** and asked Allah to forgive him.

Yusuf made du'a for his friend. Their hearts felt clean again.

They learned that asking for forgiveness and forgiving others brings peace and makes Allah happy.

Ramadan Connect

"And let them pardon and forgive. Do you not love that Allah should forgive you?"

Surah: An-Nūr

Day 27

My daily checklist



Suhoor



Iftar



Qur'an



Du'a



Sadaqah



Tarawih



Salah

- ★ Fajr
- ★ Dhuhr
- ★ Asr
- ★ Maghrib
- ★ Isha

Re-Connect with Family

Write things you love about your family.



Write the names of your family members:



Ramadan Connect

"And fear Allah through whom you ask one another, and maintain family ties."
Surah An-Nisā' (4:1)



Reflection (Tafakkur) -

Think about a family member you have not spoken to recently. Call them and invite them to join you for Tarawih. Reconnecting with family brings joy and pleases Allah.

My daily checklist



Suhoor



Iftar



Qur'an



Du'a



Sadaqah



Tarawih



Salah

★ Fajr

★ Dhuhr

★ Asr

★ Maghrib

★ Isha

Tick the box for each good habit you are practicing for Allah.

Area	Actions	✓	Actions	✓	Actions	✓
Body	I make wudu as part of my daily routine.	<input type="checkbox"/>	I take care of my personal cleanliness.	<input type="checkbox"/>	I wear clean and comfortable clothes.	<input type="checkbox"/>
Heart	I treat others with kindness.	<input type="checkbox"/>	I forgive others	<input type="checkbox"/>	I stay calm	<input type="checkbox"/>
Mind	I think in creative and positive ways.	<input type="checkbox"/>	I make thoughtful choices.	<input type="checkbox"/>	I stay focused during prayer	<input type="checkbox"/>
Soul	I take time to pray and connect with Allah.	<input type="checkbox"/>	I remember Allah through dhikr or du'a'.	<input type="checkbox"/>	I practice gratitude toward Allah.	<input type="checkbox"/>
Home	I keep my room clean	<input type="checkbox"/>	I help my family with simple tasks.	<input type="checkbox"/>	I return my belongings to their place.	<input type="checkbox"/>



Ramadan Connect

"Indeed, Allah loves those who purify themselves." Surah Al-Baqarah (2:222)



Reflection (Tafakkur) -

Cleanliness is important because it protects me from germs and helps me stay healthy. When I stay clean, my prayers feel better, my manners improve, and I feel ready to do good. Angels love places that are clean, so I try to keep myself and my surroundings clean for Allah.

Day 29

My daily checklist



Suhoor



Iftar



Qur'an



Du'a



Sadaqah



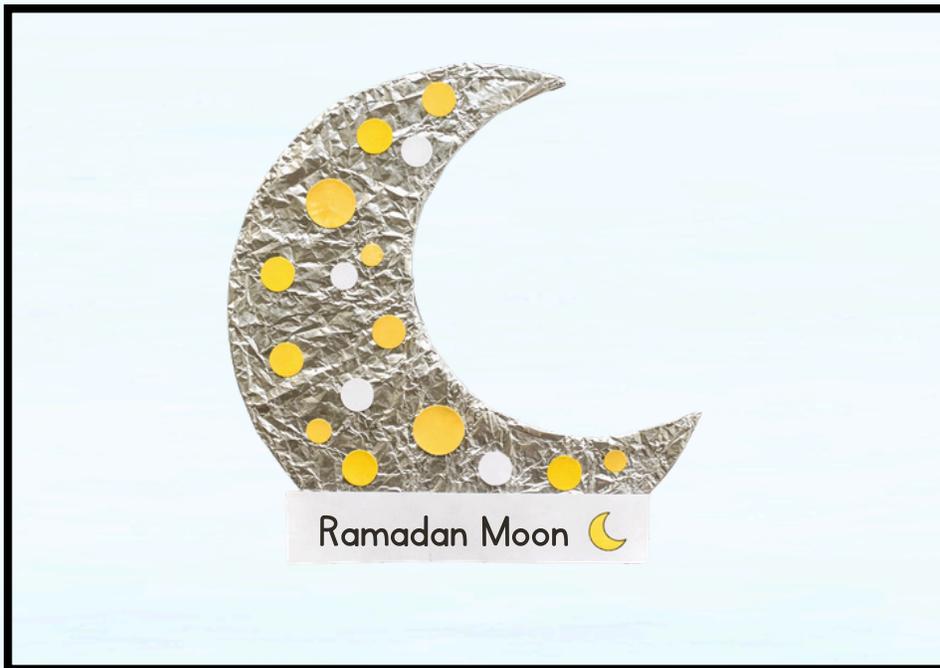
Tarawih



Salah

- ★ Fajr
- ★ Dhuhr
- ★ Asr
- ★ Maghrib
- ★ Isha

Moon Craft Recycle and Reuse



Materials:

Old cardboard or paper plate, aluminum foil, scrap paper, glue, scissors.

Steps:

Cut a crescent moon from cardboard or a paper plate. Cover it with aluminium foil. Paste small paper circles to make moon craters. Let it dry and label it

“Ramadan Moon”.

Learning:

Children learn about the moon sighting while reusing household waste materials creatively.



Ramadan Connect

The Prophet ﷺ said: “Whoever fasts Ramadan and then follows it with six days of Shawwal, it is as if he fasted the whole year.” — Sahih Muslim



Reflection (Tafakkur) -

“After Ramadan, I will keep doing good.
Istiqamah means continuing to try every day.
Allah sees my effort and rewards me.”

My daily checklist



Suhoor



Iftar



Qur'an



Du'a



Sadaqah



Tarawih



Salah

- ★ Fajr
- ★ Dhuhr
- ★ Asr
- ★ Maghrib
- ★ Isha

Last Day Activity: Sharing Blessings

Allah has given us many blessings.

One way to thank Allah is to share and care for others.

Activity:

Look at the picture. Circle or talk about:

How are the children sharing?

How are they smiling and happy?

How is sharing a blessing from Allah?

Count my blessings:

Allah gave me

the month of Ramadan.

_____.

_____.

_____.

_____.

*If you are grateful, I
will certainly give you
more
Surah Ibrāhīm
(14:7)*

When I share what Allah has given me, I feel thankful, and Allah is pleased.

Allah gives me even more!



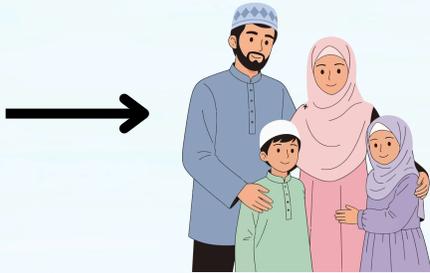
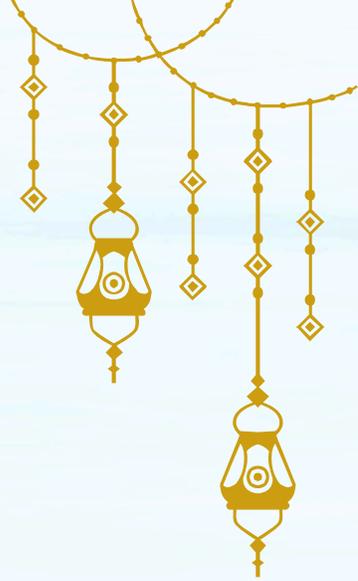
They are brothers and sisters.

Sunnahs



عيد الفطر

تقبل الله منا ومنكم



Wear your best clothes and apply perfume



Eat an odd number of dates before leaving



Pay Sadaqah al Fitr before Eid salah

تكبيرات العيد
الله اكبر الله اكبر لا اله الا الله
وان الله اكبر الله اكبر والله اعلم

Recite Takbeerat-e-Tashreeq



Gather and attend Eid Prayer & Khutbah



Greet each other with Good Greetings



Take a Different Path Home



You have reached the end of this journal, but your journey does not end here. The good habits you practiced during Ramadan can stay with you every day.

*Keep trying,
Keep learning, and
Keep doing good,
One small step at a time!*



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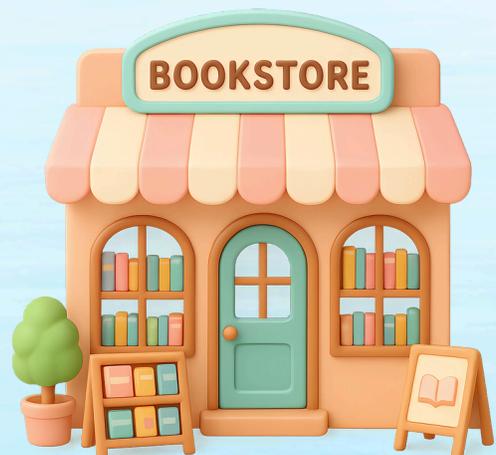
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